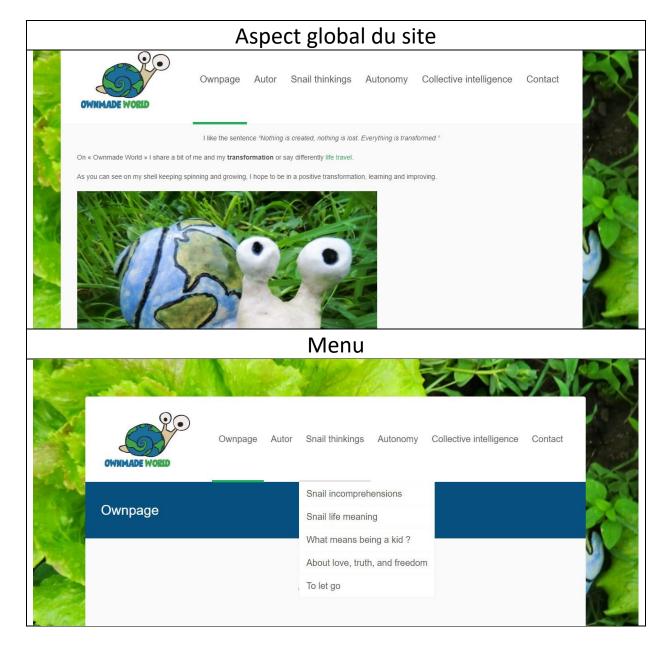
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Maryse PLAUSSU





PLAN DU SITE

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OWNPAGE

Hello, I'm U.

As all snail, I like the rain, good salads and to take my time to enjoy most of life. I like the sentence "Nothing is created, nothing is lost. Everything is transformed." On « Ownmade World » I share a bit of me and my **transformation** or say differently <u>life</u> travel.

As you can see on my shell keeping spinning and growing, I hope to be in a positive transformation, learning and improving.



Why do I care to write a website?

I write "for my own" and for you (my readers) as well.

It's important to me to always make things for both: personal and others interest in same time.

Snails imagine the world as group game with a collective issue.

For my own:

I truly believe than we really understand things, when we are able to reexplain it. It's the best way to keep life learnings in memory.

I believe as well than: not to share, it's getting disinterested.

To share:

I really will be happy, if some people from all over the world find some interests in my content.

I will enjoy to hear from you.

I will enjoy even more, if I learn new things from you.

I'm not expecting you to agree with me.

In fact, I hope you will not, at least if you hadn't feel it on <u>your own experience</u> yet. Do the experiment! You will never arrive at anything only by understanding. <u>Accept</u> to try first and then you will to know.

If I'm wrong and if you told me about it, you will get me a great opportunity to learn and to improve again.

That's why I share.

Nothing is forever. Everything are constantly changing. Nothing is permanent. « Truth » as well.

So, snails don't believe than we can know something for good.

* If, you are interested about « how to agree or not ? », you can read this topic about the snails way to choose what to believe in.

Few things you have to know:

As I'm a snail, I'm not a native English speaker.

So, I apologize by advance, if I will make some or maybe many English mistakes. To practice English regularly and to improve myself in this language is also one of the reasons I created this website.

This website is not yet index to google search engine. You need to have the exact link to find it.

If you like it, if it touches you or if it helps you, feel free to share it wherever you want. We will see until where it goes.

You can share it, that's on your own.

AUTOR

Let's talk about my conceptor...

She is a human. She look like a kind of forest sprite...

You can call her Lilo. It's the first name than she likes the most.

"Lilo" is a shrinkage to "live of love" or "love to live".

As me, she likes the rain: its noise, the colors and the smells which seem magnified in it, the vitality than water and fresh air give to you...

If I wanted to describe Lilo in two words, I will say than she is a « rational dreamer ». That maybe sound paradoxical, but you will understand what I mean quite soon.

If you wish to follow Lilo and me adventures you can have a look to my Snailbook.

What I mean to her?

I'm Lilo meditation.

On me, Lilo can watch at her from outside.

When she wrote through me, that allow her to take a step back, breath and help her organize her ideas.

Because Lilo created me as a cute snail, I'm a good way to understand herself free from any self judgments.

Why I'm a snail?

I'm a snail and you will realize all over this website how much that symbolize...

But at first, let say than snails are their own home.

With their transportable houses, snails are autonomous, on their own, so... FREE! At the same time, they still are fragile. Lilo represented my shell by our planet. It's my home, it's all I get and I need to take care of it. I'm never gonna change it, I can't.

As this website is not about « change the world ».

It is about being it and loving it.

I'm a snail, so that also means than I'm non gender.

You probably already noticed the very suggestive message than Lilo has hidden in my name... « I'm U! »

In a certain way, she is hopping than you all could recognize a part of yourself in me.

All the people who touched me are a part of who I am now. And I will be a part of all the people I touch.

SNAIL THINKINGS -MENU

>>lien page Snail thinkings

Snail incomprehensions

Some things Snails cannot understand about humans. I'm a Snail and I was observing human quite longtime. But there still are few things than I have never been able to understand about them.

Read more...

Snail life meaning

The world life as a social game? The snails way to choose what to believe in. And a personal human testimony about life, death, nothingness and infinity.

Read more...

What means being a kid?

To snails the word « kid » define a living being with a short experience. To humans the word « kid » define a living being with a short life experience. Snails prefer the term « young » to talk about « a living being with a short life experience. » To snails, a kid is not necessary young.

Read more...

About love, truth, and freedom

« You don't need love, you are the love. » A learning about love, truth and freedom. Read more...

To let go

To let go allows yourself to be open about what you really want for now. Read more...

SNAIL INCOMPREHENSIONS - SOUS MENU

>>lien page Snail incomprehensions

Some things Snails cannot understand about humans I'm a Snail and I was observing human quite longtime.
But there still are few things than I have never been able to understand about them.

Why humans want to change the world?

Why humans "fight for..."?

Why humans are looking for a life goal?

Why humans think to be optimistic seeing the glass half full?

Why humans have to « please » for something?

Why humans hear a difference between the words "selfish" and "altruist"?

Why humans consider « jealousy » and « need someone » as a Love proof ?

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Why humans who don't like: what their current money it's doing to their life, still use it and trust it?

A big Snail question: Why do humans wish to be fast? And work for it?

Human sentences inspiring me

Of course, I love humans.
That also means than they are inspiring me...
coming soon
U

WHY HUMANS WANT TO CHANGE THE WORLD?

Snails want to being it and to loving it. We know than we are part of it. We are it.

The world is what we all are together. It just shows us ourself.

There is nothing to find from outside us.

The only question to have it's more about: Do you want to change yourself?

Maybe not? Why would you will change yourself?

Are you not in love with yourself? Why?

If, yes. That's may be are a problem.

How can you expect from other to love you, if you don't even have love for yourself? How can you think than others will find you worth, if you are not even convince of it by yourself.

And, how can you have love for others without any self love and any self trust?

In this conditions, how can you even think to will be able to love one day the world you are making?

All good snail learn since kid than no duty is as important as to be happy and to get started by managing to love ourself.

WHY HUMANS "FIGHT FOR..."?

Apparently, most human seem(s) looking for freedom and peace. So, how can they think to get it, by "fighting for"? To fight for peace. To force for freedom.

What's a biggest non sens could we have than that ???

What human define by "peace" and "freedom"?

Snails are not on "revolution", there are even not on "passive struggle".

They know than "fight" and "force" are definitely not "positive vibes". Snails know about "butterfly effect", than some human like to call "Karma" or more rationally "causes/consequences successions".

So, they know than revolution and struggle cannot be good on a long term vision.

As a counter-example:

Have you already seen a kid or even anyone adopts a good comportment in long-term after you have forced him for it?

If you ask yourself two questions*:

- What would you than others do differently?
- What would you than others have as motivations to do what you are asking them?

If you stop at the first question, "to fight and force" can maybe seem a good option. But, if you look at the second one, you will probably notice than "to fight and force" never works, because nobody want to have to pay the price later.

We all like when people do things by themself, because they understand why that make sens in their life too.

The motivations why people do somethings for us, are as important as the fact than they are effectively doing it.

*Find this two questions in : « <u>The Surprising Purpose of Anger</u> » or in "<u>Nonviolent</u> <u>Communication</u>" from Marshall B Rosenberg

We can also understand why it's useless to fight and force with a straight human example :

Ask yourself if you still see a lot of telephone booth?

Ask yourself if many people (or even someone) had carried a fight for that?

Snails think than if telephone booth have almost disappears without anyone to care or really realize, it's because something other more useful for most humans have been **created**: cellphone.

If it's good at long term, it's another question and it's at humans to decide of.**
But, at least they hadn't « fight for » to take this decision.

They did it at the snail way: creating something new, creating something more useful for all. They don't having had to struggle against each other for that.

**If you are interested in why human often pick short-term options, you can follow this link to read the snails definition about « What means being a kid? »

Keep in mind than many living being don't spend more than over 100 years on earth.

It's kid«ish» compart to the earth age.

An experience you can try:

Ask to a friend to don't think about a blue dinosaur.

He will get strait away a vision of a blue dinosaur in is mind and then he has to fight against the idea about the blue dinosaur.

But is done, and more he focus about "not a blue dinosaur" more he is repeating in is mind the blue dinosaur idea.

Ask to someone to imagine what you dream about, by example : a pink giraffe. Ask your friend what is in is mind now.

Do you think there are a lot of chances than he will answer: "a blue dinosaur"?

Did you know about this famous sentence?

« Show the example is not the best way to convince, it's the only one. »

In the word « convince » we can hear « win over », which is a « fight for » thing. In « show the example » we can hear « to create interest ». If we look deeply in our interests, we will see than we all have different ones, but than there are compatible. Snails see the world as a group game with a collective issue. If you like music, you can as well understand that as « many voices one song ».

If you like music, you can as well understand that as « many voices one song ». Be efficient is not « convince ». It's « to create interest ». Maybe we should say « to seduce »**.

« Seduce » should be a nice word. It deserves to be understand as a peaceful and a free way to create. Not as a manipulation.

**Sofie is quite seductive and she is a beautiful balance example between strongness and flexibility

So Snails don't "fight for".

Fight will never be "for" something.

Fight will always be an "against" energy. People fight "against" somethings, never "for".

A "for" energy will be a "creation"*. Making reality of what you are dreaming for.

Fight against, require a *huge* energy. Lot more than what you can get on yourself. It's pure « wasted energy », and it's sucking all of you.

None of us (human and not even Snails) are able to survive that.

And it's quite lucky, because it's not only a "wasted energy", it's also a massive "counterproductive energy". It's doing the *opposite* of what you are looking for.

So, just take care of yourself, be in love with yourself and enjoy building your dreams with the people happy about it and already supporting you.

You will get, more and more energy from them and that will be crazy. You will see dreams become reality and see your energy keeping going...

You will start wondering yourself what means "dreaming"? And, you will ask yourself if that finally just means: being rational.

U

*Note:

I used the term "creation" in my sentence: A "for" energy will be a "creation". Making reality of what you are dreaming for.

In a world where « nothing is created, nothing is lost, everything is transformed » It's maybe more exact to say :

A "for" energy will be a "transformation".

Hoping this transformation will be a good one.

I guess if "nothing is created, nothing is lost", a positive transformation somewhere will suck negativity by itself somewhere else.

By example, as long as you make positive thinkings in your head, you let no room for bad ones.

WHY HUMANS ARE LOOKING FOR A LIFE GOAL?

If there was a life goal... So, our existence will have no sens from the moment than we will find it and finally accomplish it.

The most important is not the « destination », but the « travel » for itself.

*My travel : Discover magic wherever it is and make it bloom...

To discover means **to learn**. To learn is what make me happy, what make me moving, moving means to be alive.

WHY HUMANS THINK TO BE OPTIMISTIC SEEING THE GLASS HALF FULL

?



Snails see the glass entirely full: 50% full of air and 50% full of water.

As they see the world entirely full of learnings: by success and by mistake. As they are aware than pain allows pleasure to exist.

Snails cannot understand the world as a winning/losing game. To snails it's not one or the other: a winner or a loser. They see the world as a group game with a collective issue. I'm talking about it in this next page « What if we imagine the world life as a social game? »

WHY HUMANS HAVE TO « PLEASE » FOR SOMETHING ?

Why humans have to learn since kid to "please" and to beg for something. Isn't normal to them to care of each other's ?

Snails love « thank » them each other's, but they don't know about the word « please ». I learned it from humans. And I still have a lot of difficulties to properly understand this word.

In a <u>world with a collective issue</u> « please » don't make any sens because : what is good for others, is good for me as well.

WHY HUMANS HEAR A DIFFERENCE BETWEEN THE WORDS "SELFISH" AND "ALTRUIST"?

>>nouveau nom de la page>> Selfish means altruist

Why the world "selfish" doesn't exist in snail language?

In the Snail language the word "SELFISH" doesn't exist. Because, in the snail world "selfishness" doesn't have a sens.

For snails, being what human call "selfish" (or say differently a person who only think at herself) **is the most altruist attitude than someone can have.**Snails strongly believe than **no duty is as important as to be happy**.

Snails try to understand humans, so they turned the questions in both sens:

- Can we do things for others without any personals intentions?
- Can we do things for ourselves without any benefits for others?

At the first question, snails will definitely answer NO! Anythings we do for others will at list procure at yourself a proud feeling. Mostly, that make you feel happy. And quite lot more than when we are doing something directly for ourselves.

At the second question, snails will still answer NO.

Anything good for you, help your happiness.

And happiness is contagious and provide good vibes around you.

That's why snails strongly believe than **no duty is as important as to be happy.**

If we really look for things than we can do without any personal interest, we can find up examples. But, we realize than theses examples don't present any interest: neither for ourselves, neither for others as well.

What's the point? No one will do that consciously.

Snails see the world life as group game with a collective issue.

Why snails don't fight for?

>>lien vers la page>> Why snails don't fight for ?

Have you already seen a kid or even anyone adopts a good comportment in long-term after you have forced him for it ?

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We all like when people do things by themself, because they understand why that make sens in their life too.

The motivations why people do somethings for us, are as important as the fact than they are effectively doing it.

*Find this two questions in : « <u>The Surprising Purpose of Anger</u> » or in « <u>Nonviolent</u> <u>Communication</u> » from Marshall B Rosenberg

WHY HUMANS CONSIDER « JEALOUSY » AND « NEED SOMEONE » AS A LOVE PROOF?

- « Jealousy » come from possessiveness. Snails think than we cannot own someone as an object. Nobody can belong to someone.
- « To need » is dependence or addiction, not love.
- « Expect » or « need something » to a person, can also mean to have interest on her.

Have interest is a good thing. But it's still not love.

It's when we don't need someone, than we are able to truly love.

The only person we should « need » is ourself. To be able to love anyone.

We Love someone, when we are happy with.

To snails happiness come by the fact to be learning. By the fact to be in movement instead of static.

More you learn from someone, more you become autonomous, less you need this person, more you can love her.

We love people because we have discovered and learned to know them.

We love the magic we found in them.

WHY HUMANS LET THEIR POWER TO OTHERS? - COMING SOON

Page vide

WHY HUMANS WHO KNOW THAN THE MONEY DON'T MAKE HAPPINESS, STILL FEEL JEALOUS ABOUT THE ONES WHO GET MORE OF it?

The « rich » winners of the story aren't they just kid?

WHY HUMANS WHO DON'T LIKE: WHAT THEIR CURRENT MONEY IT'S DOING TO THEIR LIFE. STILL USE IT AND TRUST IT?

The current human money is a « debt » money.

Working pretend to be a social donation for others. But, it includes a dette.

Humans work to repay others. (In best case. When it's not for a bank)

A debt couldn't be a donation.

Working it's not a donation, it's a labor.

Humans are private to feel the pleasure of giving and the pleasure to be genuine when they work.

Instead, they feel doing a duty. And, a lot of them don't feel happy about it.

To feel the pleasure of giving, humans need to "work for free". Sorry for the term "work". Maybe "being volunteer" or again "being free" will be the right term.

The money than almost all human chose to use is based on "trust".

Without trust on it, this money collapse.

So, why there is so many humans knowing how much this money is not fair and still using it?

Some humans had the idea to create another money with another system withou bank in it. The first « free money » and for the moment the only one, exist since mars 2017. It is called the G1.

That a great start.

Something convenient for humans to exchange when they are many.

More convenient than to barter.

In this video people play a game called "Ğéconomicus".

In the first time they use the usual money and they made huge inegalities and a terrible athmosphere.

In the segond time they use the free money and is lot more pleasant and more efficient in the same time.

This is interesting to see than a same group can have completely different behaviours just changing the game rules between them.

Maybe, the free money it's still a bit encouraging at consumption.

Not encouraging to learn a maximum from ourself.

Not in the way to let free acces and to spontaneously share knowledges.

If you sell something, you have no interest to let your recipes or secret for free.

Snails are wondering if an "acces society" could work.

I wonder me, how will you, by exemple to make a garden to feed you if 7000 000 000 people can pick a vegetable on it ?

But a "knowledges access society" seems to sound good in my mind. Share to help autonomy.

A BIG SNAIL QUESTION: WHY DO HUMANS WISH TO BE FAST? AND WORK FOR IT?

Humans seem often running, in a rush... They look like running after the time. So, they try to do things faster.

They try to optimize the time by working.

Doing something they are good at and avoid to spend time on other tasks where they will be slower.

Inventing machines to do their tasks in their place, as « washing machine » instead of handwash, « car » instead of walk or going by bike.

But, what is the point of being fast?

It is to have time to do more things?

It seems not, because humans spend a huge amount of time at work and delegate the things they have to do with money.

It is to have more pleasant moments, more « life quality »? Do they think being faster will help?

To snails spend their lifetime trying to go faster makes no sense. Snails wish to have all the time, they really don't want to spread it faster.

To understand the snails way of thinking, you can read or hear this famous snails tale:

"The magic watches of the twins, able to skip unpleasant time"

>>lien>> "The magic watches of the twins, able to skip unpleasant time"



This story was often told in snail villages in the evening after a friendly salad banquet. It was related by the first snails observing humans.

SNAIL LIFE MEANING - SOUS MENU

My travel:

Discover magic wherever it is and make it bloom...

To discover means to learn.

What if we imagine the world life as a social game?



Snails understand the "world life" as a kind of society game. The thing is : « These game rules are not written anywhere ». It's kind of part of the game to find it, to be able to play together.

>> read more...

The snails way to choose what to believe in.

Humans have two ways to choose what to believe in. Because the « analytic system » is way too long to use and because the « intuitive system » is way to random, snails use other ways to choose what to believe in.

>> read more...

A personal human testimony (from Lilo) about life, death, nothingness and infinity

Lilo awareness about death. Why Lilo hopes about the happiest version of death? Lilo personal beliefs...

>> read more

As I love humans and as I was observing them quite long time, its feel important to me to write about this notions.

Because, we live life a complete other way when we have a nice vision of « death ». We should could be happy about it.

Without that nice vision, we all feel the same : « lost ». Without anything really essential to drive us.

I saw, watching humans, how this topics represent a huge taboo and how life can suffer from it.

Humans have often to pick between this only two options:

To believe in religions: which is not what snails call an « ownmade » way to think. Have a common group vision can sometime let hard to keep his critical mind.

To make its own point of view. But, humans doing that way are uncommon, so the few trying it can very feel lonely and insecure about the rightness of their beliefs.

Snails don't have a group idea about what is before and after the « world life ». Snails don't have religons, so it's common to them to exchange and discuss about what it could be.

I think, it could feel good at humans to have that too. So, I thought to ask at one of them a personal point of view.

I thank, my friend Lilo who has agree to answer me and allows me to write about it on my website...

WHAT IF WE IMAGINE THE WORLD LIFE AS A SOCIAL GAME ?



The snails world vision seems different of the human one.

Snails understand the "world life" as a kind of society game. The thing is: "These game rules are not written anywhere". It's kind of part of the game to find it, to be able to play together.

Have a try...

Imagine several games with this same next tools:

A giant tray

A giant cone

The game is supposed to represent the way you want to build your society.

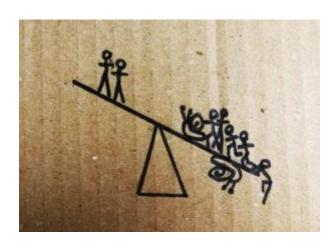
Humans game rules:

Humans seem prefer to play a winning losing game. I don't know why, but humans like competitions.

So the first game rules are:

Manage to be the one on the highest place on the tray. The few at the top win. The many at the bottom lose.

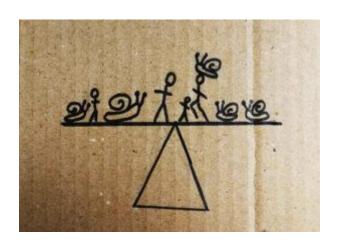
We need losers to have a winner.



Snails game rules:

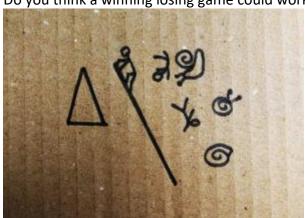
To win, manage to keep everybody on the tray. Everybody win or everybody lose.
The required ability in this world is **balance**...

...find your balance in everythings.



But have you imagine how the human game will look like in long term?

The only one at the top is he in a better situation than others? Do you think he is really winning something on long term? Do you think a winning losing game could work?



Humans social game: a winning/losing game

Human seems to play a winning/losing game.

They believe than to win, others have to lose.

Which look quite sad for a snail like me.

Because that means than only few "life beings" (human, animal, or whatever...) can be happy on this earth. That means that most of "life beings" has to lose in this story.

Snails really don't understand, these games rules.

We cannot understand even how the few winners can feel winning living in a story that sad. How can they don't feel lonely after had put their whole energy to win against others. And finally to receive mostly jealousy from others and constant fear to lose what they so difficulty succeeded to get.

The ones than we all call "winners" aren't they the bigger losers in this story?

They are the ones who had consume their entire energy and life to win the game, to achieve it.

They are the ones who will don't find anythings making them feeling better at the end.

Even worse, if they are at this point (being the "winners"), that means than they still haven't learned any lesson of it. That's means there still are unaware of what is happening to them. And they will indefinitely keep going is this terrible spiral.

Snails don't see them like « winners » or « losers », but as kids...

Snails social games: a group game with a collective issue

Snails can't believe in the posibility than the "world life" are a winning/losing game.

They are pretty sure than the rules look more at somethings like:

"Everyone win or everyone lose. Between this two points, the game keeps going".

That probably are an endless game, but that seem to make a lot more sens from snails point of view.

In the Snail language the word "SELFISH" doesn't exist. Because, in the snail world "selfishness" doesn't have a sens.

For snails, being what human call "selfish" (or say differently a person who only think at herself) **is the most altruist attitude than someone can have.**Snails strongly believe than **no duty is as important as to be happy**.

For the story:

The first time than my friend Lilo hear about it was in winter. She found this learning in a Christmas chocolate. She read it, ate it and dropped it.

That's it! Almost...

A day later, she couldn't shift this message of its mind away. It interpellated her. So, she had to empty the whole rubbish bin, to find it and to read it again. She kept it, and she started to understand life from this new point of view.

From this moment until now and again, she started to experiment it, to properly learn it and print it on her.

I think this chocolate was hugely changing its life, because of the "causes/consequences successions", "butterfly effect" or "Karma"...

That's funny how human can put important messages in things seeming almost useless to them. It's lucky for Lilo, to have got this chocolate. And it's lucky than she haven't judge herself too strongly as a "crazy person" the day later, when she decided to empty her rubbish bin, just to find again a chocolate paper.

The morality to remember of this story is than each life moment is important. Each present moment is changing your life, any time!

Why the world "selfish" doesn't exist in snail language?

Snails try to understand humans, so they turned the questions in both sens:

- Can we do things for others without any personals intentions?
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At the first question, snails will definitely answer NO!

Anythings we do for others will at list procure at yourself a proud feeling.

Mostly, that make you feel happy. And quite lot more than when we are doing something directly for ourselves.

At the second question, snails will still answer NO.

Anything good for you, help your happiness.

And happiness is contagious and provide good vibes around you.

That's why snails strongly believe than **no duty is as important as to be happy.**

If we really look for things than we can do without any personal interest, we can find up examples. But, we realize than theses examples don't present any interest: neither for ourselves, neither for others as well.

What's the point? No one will do that consciously.

Some humans imagined social games too:

Ğéconomicus is a game imagined to compare relations between people when they change the rules of their exchange tool (the money).

Today moneys are massive tools to simplify exchanges and to make link between people when they are many.

They are convenient tools, but most of them work on a winning/losing sytem.

That is affecting a lot the way people make link together.

So, some humans, managed to build a different money. One without bank to expect a collective issue.

They call it a « <u>free money</u> ». The first one and for the moment the only one, exist since mars 2017. **It is call the Ğ1.**

Lilo and me just heard about it recently in August 2019.

The funniest things, it's than they invented the social game "Ğéconomicus" to help people understand it,

It's playing in two part:

- The first one is showing our current system, which is a winning/losing system.
- The second uses the « free money », which has a collective issue.

Observing people playing, we can understand and really see the next things: people get more fun in the second game part and make more wealth as well.

That a great start.

We maybe can go further.

(You may need to pick the English subtitles in You Tube options to watch the video)

THE SNAILS WAY TO CHOOSE WHAT TO BELIEVE IN.

Humans have two ways to choose what to believe in.

- The first is the « intuitive system » which is rapid.
- The second is the « analytic system » which is slow.

In the intuitive system, we need to trust others. We prefer to trust expert. But it's never 100% sure. Because, we know than we can fail about who to believe.

And about death topics... Who have many proper « lived » experiences around us ? None!

The analytic system is better to have your own opinion.

It required to have proof, arguments, it required to calculate, to make your own researches... It's the one to use for important things and the one to be sure by yourself.

But it could be extremely long. It may require over your lifetime.

In fact, what is the most difficult, is to choose which system use.

For important things we mostly choose to use the « analytic system » when a topics don't stick with the beliefs than we already have.

But, the "dangerous"* part it's when important topics stick with the beliefs than we already have. Because in this case, we are very attempted to pick the « intuitive system » strait away. And it's the moment where we are the most susceptive to make important mistakes.

*Remember mistakes are still learnings

We have to be careful about self persuasion.

If you are interested in critical thinking , you can follow this You Tube channel. It's called « Mental Hygiene »

On it, you will find about the two system through the article « The two speed of thinking – the Bullshitometer »

(You may need to pick the English subtitles in You Tube options)

The snail's ways to believe

Because the « analytic system » is way too long to use and because the « intuitive system » is way to random, snails use two other ways to choose what to believe in.

They believe in causes/consequences successions

Which means than each reality is logical.

When something is true everything is **perfectly aligned**.

You will never find any incoherences or contradictions. Not even one.

Wonder yourself if you have already experienced to have someone lying to you. Did you haven't found some or many contradictions than you has difficultly understood? Wasn't it because it was just wrong? And do you remember, how things got magically logical straight away, when you had got the truth! Have you ever felt that too?

They observe the nature of their body sensations and feeling as confirmation:

When you are able to watch on the deepest about causes, you will realize than right things always feel good and wrong things always let you a bad sensation in the stomach. Even before the moment when you have realized why.

Body sensations and feelings can be useful indicators about rightness.

Don't forget about impermanence of things

Nothing is forever. Everything are constantly changing.

So, snails don't believe than we can know something for good.

So, they cannot concieve the ideas to have an « illumination kind of thing » because that would mean to know everything at once and forever.

We have to keep in mind than we never know.

Nothing is permanent. « Truth » as well.

It's easier to know what is wrong than what is true.

We know when is wrong since we found a single contradiction.

But, we never know when is true for sure.

What is considered as « true », is something than you are still not be able to prove as wrong.

Something can seem true for long, but you will never know if it will be true forever. Maybe not...

Keep in mind than we never know

Be happy about it, because it's what make <u>life as a travel</u>.

The only permanent thing is « impermanence » itself.

That means than we will always have to learn.

And that's great because it's what make life interesting and happy.

A PERSONAL HUMAN TESTIMONY (FROM LILO) ABOUT LIFE, DEATH, NOTHINGNESS AND INFINITY

After talking a lot with Lilo, I'm writing her testimony. This article isn't finished. It promises to be long. So, in a first time, I'm summarizing Lilo thinkings.

Lilo awareness about death

When Lilo was young, but not very young (maybe between 7 and 10 years old), she wasn't aware about her mortality. It wasn't obvious to her. Apparently it's the case for most young humans of her age.

Someone had to tell her about it.

Learn about death and her own mortality created in Lilo a massive discomfort. It maked her felt very guilty. Because, deep inside herself, she felt sad about the death idea of others, but the idea of her own death was affected her a lot more. She got a sooo deep <u>selfish</u> feeling than she had to keep it secret.

Lilo started to worry about death at any time. But, because of her secret, she couldn't dare to ask any questions.

The truth is: Lilo tried to deny about her mortality during most of her lifetime.

So ! Today, to talk with a snail like me who doesn't understand the word « <u>selfish</u> » help her a lot.

To publicly talk about death today is a way from <u>acceptance</u> for Lilo. To her that's means something important: to really feel alive.

The influence of our death vision on our life present moment

I think, our « life and death » vision have a huge influence on our present moment. We live life a complete other way according to how we imagine death. It's directly affect our <u>life meaning</u>.

- When Lilo learn about death as «nothingness », her life purpose was to have a
 maximum of good time and to enjoy.
- But if Lilo project death as « infinity with infinite possibilities », her life meaning changes strait away. Her life travel become : to learn and to take care a maximum.

That's quite a big deal in a whole lifetime.

In the first death version there is nothing to guide life other than: senses pleasures, **consumption**...

Why take time to learn, if at the end it will all be all lost and wasted? In the second death version the meaning get lot more essential. It requires: improvement, knowledge, love...

But of course! You will say... Nobody knows which version it could be.

Why Lilo hopes about the happiest version of death?

Many people prefer to project « nothingness », because it's the saddest version. This choice is often made to don't be desappointed at the end.

But, Lilo has some good reasons to hope about the happiest version.

First, that make her life happy at any present moments, instead of worry.

To her, choose which version to believe means as well to choose which « <u>life travel</u> » she will have.

And she wishes to pick the essential one for sure.

The second reason is a rational thinking:

- Lilo thinks than if there is really nothing at the end, we will not to be here to know about it. So, we will not to be able to be desappointed.
- But, if there is something, have believed in nothingness our whole lifetime means not to be prepared. And here, it's a real problem because we are gonna be here and we will have to live it.

Lilo personal beliefs:

In the next part, I'm gonna talk to you about Lilo personal point of view. Lilo talked to me about what she imagine before and after our physical lifetime on earth.

It's important to me to share a human thought, because it's common to snails to exchange and to discuss about what it could be. But it's not much common to humans. (Death topic seem to be a very big taboo for a lot of them)

I think, it could feel good at humans to have this possibilty to imagine and to exchange as well.

Lilo insisted than I repeat to you this important thing:

She is not expecting you to agree with her.

She want you to have your own point of view.

And, if you will agree with her, she hopes than it's only because you feel it inside you too. Because, you got your own experience and because it makes you feel it.

Lilo believes in self-fulfilling of our projections

Lilo believes a lot on self-fulfilling of our projections, because she can observe this mechanism every days, even alive.

By example:

If you think than you will have a terrible day. You are straight away looking on things which are not as you want. You are probably going out with a sad face. It's less lucky than anyone will smile at you. And you are effectively gonna passe a terrible day.

If you think you will have a great day. Don't you think, you will create more probability than it will happen that way?

So, just in case... Lilo prefer to project an amazing « after death »!

She believes than after death it will probably be what we are projecting. So, she thinks it's really important to believe in a beautiful vision of it.

Some people believe in heaven and hell. Depending if you are a good person or not. There is something in that way too in Lilo idea of self-fulfilling projections.

A positive person will have super sweet projections, which are gonna happen and make her heaven. A negtive person imagines a nightmare and that will be her hell.

Lilo feel to learn it every day in life.

We don't need to die to feel on hell when we are negative. Isn't it? It's just slower and more palpable in physical life.

The important thing to understand here, is what means to be a good person. To snails a good person is a <u>positive</u> one.

To snails no duty is as important as to be happy.

So, to synthesize, Lilo believes than what we are projecting will happen. It could be a nightmare, a heaven, nothingness...

She believes quite strongly than to project nothingness leads us on it. And maybe even faster than we are thinking.

How Lilo observes the self-fulfilling projections?

I told you than Lilo strongly believe in the self-fulfilling projections because she can observe it, even being alive.

An obvious example to her will be the next one:

When we observe how many we are on the planet <u>to believe</u> in nothingness right now, we can see how much it's <u>effectively happening</u> yet. Just observing life and diversity disappearing on earth.

Lilo think, what we are projecting about after life affect a lot our today behavior. Will we do differently with our planet if we were projecting to still be aware about it after our physical life on it? Probably! Don't you think?

If we compare the planet story to our own life : will we <u>act differently</u> with ourself if we project to have a future ?

The learning process require to feel after death to care about life right now

Lilo thinks the reason why we are not really able to care and why we are not really able to realize the disaster we are making on our planet, it simply because of $\underline{\text{the learning process}}$ in the nothingness version.

As already explain in this next page: « <u>About love, truth, and freedom</u> »...

To really learn we need two things: to feel and to understand. Both are important.

If we don't feel things, it's never truly touched us because even if we understand, that doesn't feel like truth for us.

If we believe in nothingness, that also means: we will never feel by ourself what planet we leave to next generations. So, we cannot really learn and properly realize about it.

Human will find that « <u>selfish</u> », but in « nothingness version » we know than it's not our story.

The snails way to choose what to believe in >>lien page>>The snails way to choose what to believe in

Snails only believe in things when everything is perfectly aligned without any incoherences or contradictions. Not even one.

And, they observe the nature of their body sensations and feeling as confirmation.

So to Snails, as for Lilo it's very difficult to imagine to not have any consciousness after death, because that make impossible to properly care about life right now. That means we have to learn how to care, without feel it.

So, or it's a mistake to believe than we have to feel to be able to learn. Or, « nothingness » after death is a mistake.

But, we are already seeing in life than we need to feel to learn.

And, if we will feel after death, we have a personal interest to care and a collective interest as well.

Snails see life as a group game with a collective issue.

So, it looks like a lot of things get magically aligned if there is something after death:

- Happiness right now
- More essential sens in life
- The fact than it feels good in our stomach to care
- The fact than to care do have a sens in this version
- The snail understanding about selfishness as the most altruistic attitude
- The learnings process which requie to understand and to feel
- And again... causes/consequences successions
- What about this famous physical basics ? « Nothing is created, nothing is lost. <u>Everything is transformed</u> »

Lilo and snails strongly believe in the causes/consequences successions

Where will be the consequences in nothingness?

In nothingness, you can be a great or a terrible person, anyway at the end it happens the same.

Nothing!

Where are the causes in nothingness? Where are you from?

We can explain where your body is from.

But, what about your consciousness? This thing inside you that knows than you are not a robot.

This thing that knows than you are here and alive.

Do you think your consciousness come from no causes?

The question about « universe beginning » always will bring a same next question « and what made it ?/what is the cause ? ».

What made the big bang? If we find IT. What made IT? And so on...

That's an endless way of thinking.

If the causes don't have a beginning, how the effect could have one?

The only solution to this impasses is not to keep looking for « what's before », but to imagine a universe without a beginning : with no birth and no death.

Where nothing is created, nothing is lost. Everything is transformed.

The next question to ask will be: «what does time mean? »

Sooo, this quite long Lilo testimony is still a summary. You will get all of it the soonest.

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Coming soon:

Why humans and snails cannot conceive what does time mean? What is the ego usefulness? Why we dream?

WHAT MEANS BEING A KID?

To snails the word « kid » define a living being with a short **experience**.

To humans the word « kid » define a living being with a short **life experience**.

Snails prefer the term "**young**" to talk about "a living being with a short **life experience**."

To snails, a kid is not necessary young.

Young or not a kid always needs a lot of benevolence, of kindness and to feel secure and loved to be able to learn.

Kids also need to make experiences by themselves to improve even if they have to make some mistakes.

Adult duties is to protect kids from fatal mistakes which they will not do twice.

Because of this short experience, kids logically and mostly act in short-term.

For them it could be difficult to imagine forward something they have not yet experimented. They mainly act for themselves because it seems to be more efficient in short term.

To humans a kid is necessary young.

It seems logical for human than a young kid will make more mistakes than an older adult. Because young kids only have a short-term vision (their age maximum as backward).

		lway:				

A kid

A kid depends on someone who are responsible for him.

In humans world, kids are **not always allowed** to take their own decisions.

To describe kids we often use the word: « innocent ».

An adult

For humans, an adult have the **power** to take decisons.

To describe the fact to have an adult behaviour, we often use the word: « responsible ».

For human, being a kid depend about how old are you. After 18 years old you stop being a kid and be supposed to be adult.

For snails, being adult or kid it's not about your age.

It's about experiences.

More your get experimented, more you be able to take good decisions, more you become resonsible and adult.

An unique living being can be considered as very adult on some topics (the ones he is experimented of) and in a same time very kidish on other things he almost never tryed.

So, snails are very tolerent with each other.

They know than if someone take some time to learn about a topic, he haven't use this same amout of time in another subject.

Of course, a living being of 10 years old have less chances to have experimented the same amount of things than a living being of 40 years old.

But, it's not impossible.

By exemple, if the older one like to do every day the same thing he is confortable of. It's very likely than if the younger one love to learn differentes things every days, he will totalize more life experiences. And he will finally be more responsible and adult than his older peer.

Many humans do not seem expecting to become adults and they finally let their power to others.

We will see why soon in this next page: Why humans let their power to others?

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ABOUT LOVE, TRUTH, AND FREEDOM

A learning about love

« You don't need love, you are the love. »

My friend Lilo saw this sentence many times, but it truly affected her after she felt it on its own experiences.

One day, she realized than it wasn't missing of love which made her the most pain. It was to be forbidden to give love.

She wasn't needing love, she had plenty. It was overflowing her.

To give often provides more happiness than receive.

To give makes feel alive. It's hard to be private to give.

But later, in beautiful moments, Lilo started to feel than love seems to be moving in both side between people.

No matter who provide the source. When love appears, it seems impregnate each person in any directions.

We don't need to search love in others, we make the love.

To give love, that's on our own. And we can do it as much as we want. We can ownmade our world with that don't you think?

A learning about truth

To fix learnings and to make them truly be part of us we need two things: to feel and to understand them. Both are important.

• If we don't feel them, it's never truly touched us because even if we understand, that doesn't feel like truth for us.

That's why I already said on this main website page « I'm not expecting you to agree with me. I hope you will not, at least if you hadn't feel it on your own experience yet. »

• If we feel things without understand them, we are not truly aware about what we are in. The learning can easly escape us. And we will not be able to know what to do to feel the same way again.

A learning about freedom

Lilo have a friend who told her the most important thing he learn :

« Freedom have two legs Love* and Truth »

*A beautiful story about universal love : "The Original Warm Fuzzy Tale" By Claude Steiner

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TO LET GO

I dedicate this article for you Lilo, because one time you needed about.

Letting go isn't « pensouillard »* who is giving up. It never gives up. It is unable of it.

It's mental activity: « consciousness » which appears and replaces it.

*Pensouillard is the ruminating hamster in your head. « Penser » means « to think ». Be able to see this hamster can be usefull to be aware about your unsatisfied needs.

Do the experiment! You will never arrive at anything only by understanding. Accept to try first and then you will to know.

To let go allows yourself to be open about what you really want for **now**...

I wish you know how I love u.

You

STORY BONUS

THE MAGIC WATCHES OF THE TWINS. ABLE TO SKIP UNPLEASANT TIME



Once upon a time two human twin brothers had received each for their 20th birthday a magic watch.

The watch had the power to skip the unpleasant times in their life to go directly at the next ones.

Paradoxically, even if the twins got the same childhood, they were very different in their opinions.

If you have brothers or sisters you maybe saw what I mean.

They were very diverging about their life's next orientation, about what they expected, what will bring them the most comfort, safety and happiness.

The first one made a strategy to get the best life as possible by the easiest way as possible.

So, he chose to get everything he was looking for straight away, to have it his whole life instead of only at the end.

To get it, he was using something called "money" which can be obtained in human organizations called "bank".

The principle is to exchange a lot of immediate money against more money later than was borrowed.

To get a bit of money at any time humans invented something called "work" or "labor". It's about to exchange something you're good at doing against money to buy all the rest you need or want.

It's quite productive and efficient because you will become a specialist of your topics.

So, you will be better and faster than others at doing it.

To the first brother it seemed like the best option.

So, he started to work on what he found the most pleasant to him.

But, after a few times, he started to get bored to do the same thing every day. He started to find it a bit constraining. To have to wake up early still tired by example. And the time at work felt endless to him when he was so looking forward to seeing his family in the evening.

At this moment, he remembered the magic watch that he got on his 20th birthday. He remembered his power: to skip the unpleasant times to go directly at the next ones.

So, he thought to skip all his work time.

He was aware than he may skip a huge part of his lifetime.

In fact he will have left only his evenings, week-ends, 4 weeks per year of holidays and the thing that humans call "retirement". It's full years without work at the end of human life when human society finds you too old to be as efficient as before at your work. Or we can see that as a way to thank you for your precedent work.

He was sad to skip this amount of time.

But, he was thinking than to live every day the same topic day was quite the same thing.

He consoles himself thinking than he will enjoy at the most, the rest of its left lifetime. He calculates than he was exchanging lifetime against life quality. So, it was still feeling to him as the best option.

After some time, he was quite disappointed when he noticed than important family moments with the person he loved had been spent during his skip work time.

After a few times, he also started to get bored about some routines.

For example, always to be at the supermarket at the same time as most tired and stressed people.

Or being in his car during long hours to go to each place.

Or to go to the laundry to wash his clothes...

He was thinking, why not to skip every constraining things? If it's repetitive, live several times the same is egal to live it only once.

So, he chose to skip all constraining repetitive moments.

In fact, he will have left only leisure moments.

He consoles himself thinking than he will enjoy at the most, the rest of its left lifetime. He calculates than he was exchanging lifetime against life quality. So, it was still feeling to him as the best option.

He went to be skipped to a moment where he was standing on a floating board with a paddle. He was paddling on a beautiful lake on a very expensive, but relaxing place.

He rowed in one direction and in another and another again and again.

And he finally started to wonder himself why he will still row in random directions without any goal.

The landscape was great, but he couldn't prevent himself from starting to feel bored.

He noticed that random relaxing moments weren't bringing to him any satisfaction. So, he decided to skip all the leisure moments who were not shared with the loves of his life.

He consoles himself thinking than he will enjoy at the most, the rest of its left lifetime. He calculates than he was exchanging lifetime against life quality. So, it was still feeling to him as the best option.

He went to be skipped to a moment with his wife.

But he was disappointed because this moment was an argument.

He wasn't able to understand her because he was absent too many moments of her life experiences.

He was hurt a lot about it.

He was feeling very sad.

So, he decided to skip all the hurting moments of his life.

He hesitated a bit before pressing the skip button of his watch.

He was wondering himself if, this time, he will still have something left to live.

He consoles himself thinking than he will enjoy at the most, the rest of its left lifetime. He calculates than he was exchanging lifetime against life quality. So, it was still feeling to him as the best option.

If nothing will be left, that will mean than life is not worth living...

He went to be skipped to a moment with his twin brother. He noticed, very surprised that his twin wasn't wearing the other magic watch. His twin and himself weren't that old. Even still pretty young... So, he asked his twin, where was his other watch. Why he wasn't wearing it and how he was able to do it without?

He was wondering about his brother if he haven't calculated than the watch would allow to exchange lifetime against life quality.

And, watching at his so smiling and happy brother, he had a feeling...

He got the feeling than to leave the watch may to be the best option.

This day he learned a very important thing : we don't have to exchange lifetime against life quality.

He has been proud of himself, thinking than this watch life experience brought him to enjoy at the most is full life.

By living every present moment, we are constantly learning, improving and enjoying our entire life.

Like his brother he continued his life without strategy to get the best life as possible by the easiest way as possible.

He was feeling happy when he was learning.

He noticed than he was learning at any time: in success as in mistakes, in comfortable moments as in more difficult ones.

He becomes very curious.

On a very beautiful day, he noticed than he was getting a huge pleasure and satisfaction from things he considered before as labour or a constraint.

This day he was going to the river by bike to hand-wash his clothes with the people he loved.

The supposed constraining ride was a great sportful moment in a beautiful landscape. Before he would have called that "leisure".

The laundry product was made with his ash wastes from the stove that he had made.

The washing was a smooth bathing enchanted by the sound of lapping water and the soft feeling of the fabric rubbing.

He felt some tickling when cute little fishes nibbled his feets skins, leaving them so soft.

It was a wonderful moment of shared love than each will remember.

These things called "labour, constraints" and "leisure" that he previously separated distinctly in two categories seemed to get confused in his mind.

They now all seemed to go in both categories.

He noticed also that each thing was taking longer. In fact, he was happy about it because it was a pleasure and he wished that to keep going as long as possible.